

5 PRIZES! 5 Complete \$295 Art Courses, including Drawing Outfits!

Imagine how you'll feel, one day soon, if you get a telegram reading "Congratulations. Your drawing wins you complete \$295.00 home study art course!"

It could happen! You've five chances to win free art training in this contest. All you have to do is draw the girl's head, five inches high. It's an easy way to find out if you've money-making art talent, and it may start you on an exciting career! You've nothing to lose—everything to gain. Mail your drawing today!

ART INSTRUCTION, INC., Dept. 3043

500 S. 4th St., Minneapolis 15, Minn.

Please enter my attached drawing in your April contest. (PLEASE PRINT)

Name		Age
Address	Phone	
City	ZoneCounty_	
State	Occupation	

Amateurs Only!

Our students not eligible. Make copy of girl 5 ins. high. Pencil or pen only. Omit the lettering. All drawings must be received by April 30, 1953. None returned. Winners notified.





WELL--THERE'S SOMETHING
WHICH MAY BELONG TO YOU
--THE ANCESTRAL HOME OF
YOUR FAMILY IN LONDON--AN OLD HOUSE IN GROSYENOR LANE!ITS MOST RECENT OWNER, ONE OF YOUR
DISTANT RELATIVES, DIED
RECENTLY WITHOUT LEAVING
EITHER FAMILY OR WILL--AND I HEAR THE PROPERTY
IS BEING TAKEN OVER BY A
MISS ANNE CLINTON,
WHO CLAIMS SHE'S THE
CLOSEST RELATIVE!





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Pginted in U.S.A.



















OW CAN I FORGET THE AWFUL















OH ... NOW I GET IT! LOOK, BABY ...











T RACED OUTSIDE, UNAWARE















EVEN AS I PELL I
KNEW THAT I ...
NORMALLY SO HOTTEMPERED ... WOULD
NOT STRIKE BACK!
FOR WITHIN ME WAS
A DEADLY FEAR OF
THIS MAN. WHICH
PROVED THAT I WAS
NO LONGER TOM
HAWKINS OF THE
20TH CENTURY, BUT
SOMEONE ELSE, AN
ANCESTOR!



THE INTRODUCTION I REMEMBER THINKING "I'VE KNOWN THIS LOVELY GIRL, MET HER
SOMEWHERE BEFORE!"BUT IT WAS ALL SO
FAR AWAY---AS IF IN ANOTHER LIFE! FOR NOW
ALL MEMORIES WERE RECEDING ---TOM WAS A
FORGOTTEN BEING ---I WAS WILL IAM
HAWKINS, AND ALWAYS HAD BEEN!



MISTRESS ALICE WHOM EDWARD HAD BROUGHT TO
LONDON TO INTRODUCE TO HIGH SOCIETY LIVED IN
OUR HOUSE IN GROSVENOR LANE! AND SO, IT WAS
ONLY NATURAL THAT WE SHOULD GET TO KNOW EACH
OTHER WELL!
ENJOYING THE
MINUET, MISTRESS
ALICE ?

WILLIAM!

WILLIAM!

WILLIAM!

FASTER, YOU BEAGTS... WILLIAM...

9HOW YOUR METTLE!

POUNTING HOUSE... WHO ELSE
WAS THERE TO HELP HER WHILE
THE TIME AWAY?

OH, SIR
RECKLESS
... BUT I DO
ENJOY IT
SO!

TES, SHE WAS LOVELY---AND AGAINST MY WISHES I WAS DRAWN TOWARD HER! MAYBE IT SHOWED MORE THAN I THOUGHT, BECAUSE---

I'VE BEEN HEARING THAT
YOU'RE TOO MUCH IN THE
COMPANY OF MISTRESS
ALICE! YOU
WOULDN'T
BE GETTING
ANY IDEAS,
WOULD YOU?

REMEMBER, DEAR BROTHER, I'VE ALWAYS MATED YOU-AND IT WOULDN'T TAKE MUCH FOR ME TO-LET

ME-GO!
PLEASE-I WOULDN'T.

DON'T LIE TO ME, RASCAL!



TURNED TO HER ... AND HER EYES DREW ME IRRESISTIBLY! BEFORE I COULD STOP MYGELF.























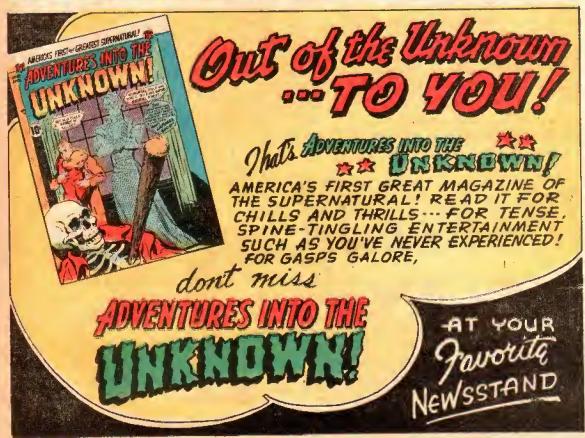






TERLOPERS!





HUMESTERS WILLS

had been the utterly obedient and simple-minded servant of the eccentric genius Kurt Durstien. Reluctantly, though without a flicker of resistance, he had assisted in the professor's mysterious experiments...performed in the grim laboratory Durstien had set up in a remote corner of New England. It made no difference what he was asked to do...Fritz obeyed.

Now, as he finished digging a deep grave in the woods near the lonely house they had occupied so long, he remembered all the other times he had stood alone at the side of a grave in the dead of night, performing a ghastly task. But before it had always been to take a body out of the ground. Now, it was to put a body in, the corpse of the man to whom he had devoted his life.

Durstien had died suddenly two days before and Fritz, who had always been nerveless, suddenly knew fear. Without his master's stronger presence he felt alone and afraid, and whenever the cold wind mouned through the wintry forest nearby, every fibre in him trembled.

Because he dreaded the moment when he would have to lay Durstien away in the earth forever he had put off the burial as long as possible. But now he knew that he could wait no longer. Reluctantly, he carefully placed the pine coffin he had made with his own hands inside the grave...and turned to the macabre task of fetching the body from the house.

It proved a grimmer task than he had anticipated, for when he slung the heavy compse over his shoulder and felt it sway against him, he shuddered violently. And all the way back to the woods he had to grit his teeth and summon up his courage whenever the dangling arms brushed against him.

Finally, with a feeling of intense relief, he reached the open grave. With extreme care he lowered the body into the coffin, and placed the rough-hewn board which served as a lid on top.

He paused for a moment to look up at the sky, where dark clouds were scudding before the pale moon. Abruptly, the clouds gathered into stormheads and the wind rose. Moments later the forest became alive with wind and rain.

Shivering with both cold and dread Fritz commenced his grisly task. But just as he was about to fling the first shovelful of wet earth into the grave, he took a last look at the coffin. Suddenly, a cry of supreme horror escaped him and he felt his blood stiffen in his veins, for below, unmistakably, the lid of the coffin was slowly...rising!

He staggered back, his eyes riveted in horrified fascination as he watched a groping hand emerge, an arm, a staring head, and then...the entire undead corpse of Durstien.

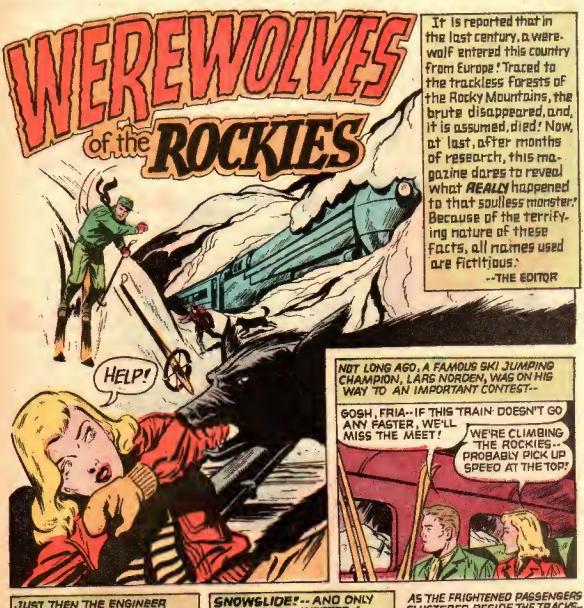
"Y-You!" he gasped. "It...it can't be!"
The corpse rose slowly from the grave,
its hideous eyes holding Fritz rooted
hypnotically. "You must come with me,"
an unspeakably hollow voice intoned.
"Now!"

"No!" Fritz shrieked as the specter advanced. "No! I won't!"

"Fool," the terrible voice pronounced.
"I need you, in death...as in life! Obey me!"

"No, I won't! I won't!" Fritz shrieked into the wailing wind, just as spectral hands closed irresistibly around his throat...

Moments later he was dead, and his last thought, as he sunk choking to his knees, was that he would never oppose his master's will again...never through all eternity.

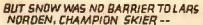






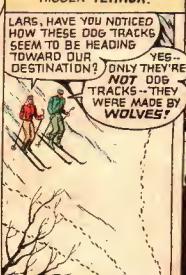
AS THE FRIGHTENED PASSENGERS CLUSTERED BESIDE THE TRACKS-







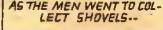
THROUGH THE DARK, FORESTED HILLS SPED THE YOUNG COUPLE -- ON A PATH THAT LED TO HIDDEN TERROR!



AT LAST-THE VILLAGE! ABOUT THE WILLAGE! ABOUT THE PLACE! I TRACKS-THEY DON'T LIKE INTO IT!



BUT UNREASONING FEARS WERE LESS IMPORTANT THAN HUMAN LIVES, SO--



EAGERLY, THE VILLAGERS
PUSHED INTO THE FOREST-

HELP US DIS A PATH THROUGH
THAT SNOWSLIDE!
SURE, WE'LL
HELP -- JUST
LEAD THE WAY!

THERE'S SOMETHING EERIE
ABOUT THIS PLACE! I
HAVEN'T SEEN
ANY WOMEN DR
CHILOREN
AROUND -ONLY MEN!
ABOUT THE

WAIT-- WE CAN'T DON'T WORRY!

MAKE IT BEFORE THERE'S A

DARK--WE MAY FULL MOON
GET LOST IN TONIGHT-THE WOODS! IT'LL BE LIKE

DAY!





JHE " FULL MOON TONIGHT! FULL MOON TONIGHT! --NOW I'M SURE AND A TRAINLOAD OF HELPLESS THERE'S SOMETHING WORDS EXCITED PEOPLE -- WAITING! SCREWY ABOUT THIS MOB-THEM BUT WHAT? INTO A STRANGE WILD CHANT-



AND NOW, LARS AND FRIA WERE SEPARATED BY A HUNDRED-FOOT DROP!

WE'LL HAVE TO RIGHT, BUILD A BRIDGE LARS. BE IN THE MORNING CAREFUL!

WITH AN UNEASY FOREBODING OF DISASTER, LARS RETURNED TO THE STRANGE VILLAGE.



LATER -- UNABLE TO SLEEP, HE CHANCED TO LOOK



FOR THERE, BENEATH THE PALE RAYS OF THE NEWLY-RISEN MOON-RISES-- AND THE WOLF BLOOD SURGES IN OUR YEINS!

OWOOOOOOO!



WITH ONLY SECONDS TO SPARE, LARS DROPPED THROUGH THE REAR WIN-DOW, SPED FROM THE AWFUL PLACE-

FRIA! SHE'S WITH ONE OF THOSE FOUL CREATURES -- SOMEWHERE IN THE FOREST!





HOW LONG WILL THAT





-- WHILE FAR BEHIND, LARS CAME TO A HALT AT THE DEEP CANYON--

CHASE!... I'VE GOT TO KEEP
THOSE GRISLY BRUTES FROM
REACHING THE TRAIN
TOMORROW-BUT HOW?



THOSE SAPLINGS! THEY'RE ALDER TREES -- ONE OF THE FEW THINGS THAT'LL KILL A WEREWOLF! AND THAT GIVES ME AN IDEA! LUCKY GRANDFATHER NORDEN USED TO TELL ME ABOUT THE WEREWOLF PACKS IN THE OLD NORTH COUNTRY!



HE ALSO WARNED THAT ANY-BODY BITTEN BY A WEREWOLF TURNS (NTO ONE OF THE FOUL CREATURES! I MUST BE



HOURS LATER, HIS TASK FINISHED, HE RETURNED TO THE VILLAGE -- JUST AS THE SUN ROSE--

WHERE DID YOU DISAPPEAR TO?

THE MOON WAS WITH THE MOON SO BRIGHT, I.-. GONE, THEY'VE RE-ER-GOT IN TURNED TO THEIR HUMAN FORM ! PRACTICE FOR THEY WON'T BE THE CONTEST!

THE CONTEST! DANGEROUS UNTIL

AT ONCE, THE WEREWOLF PACK SET OUT FOR THE CANYON -- AND WORK WAS BEGUN ON A BRIDGE-



NO SOONER WAS THE NARROW, SWAYING STRUCTURE FINISHED THAN THE WERE-WOLVES, LUSTING FOR THEIR HUMAN PREY, RUSHED FORWARD--





AND NOW, THE LONG HOURS OF TOIL BORE GHASTLY FRUIT!



THERE WAS STILL THE CRE-VASSE TO CROSS, WITH AGONIZING DEATH WAIT-ING BELOW! IT CALLED FOR A CHAMPION SKI JUMPER--

NOW TO MAKE TRACKS



THE DAY PASSED AND NIGHT FELL--JUST AS THE WEARY LARS REACHED HIS GOAL--ONLY TO BE MET BY HORROR!



OBLIVIOUS TO DANGERS, LARS DREW THE WEREYOLVES' ATTENTION TO HIMSELF--





CERTAIN THAT LARS WAS DOOMED, THE TERRIFIED TRAINMEN HUSTLED THE PASSENGERS ABOARD, BACKED THE TRAIN DOWN THE TRACKS TO SAFETY-



SURPRISE: I MADE THESE SKI POLES MYSELF -- OUT OF ALDER WOOD! NOW TO FINISH OFF YOUR FRIEND!



BUT THE FIRST WEREWOLF HAD DISAPPEARED-

NO WONDER! IT'S DAWN-- AND IT DIDN'T DARE FACE ME IN ITS HUMAN GUISE! I-- WHAT'S THAT?



HALF-BURIED IN A NEARBY SNOWBANK--FRIA! PAINFULLY, SHE ROSE TO HER FEET--

SHE MUST HAVE FAINTED WHEN THOSE TWO MONSTERS



THANK HEAVEN YOU'RE SAFE, DARLING! NOW LET'S GO AFTER THAT TRAIN-- IT CAN'T BE VERY FAR BACK!



UNABLE TO LOCATE FRIA'S SKIS, THEY RODE BACK DOUBLE --









A MOMENTARY WARNING FLASHES THROUGH ANN WARREN'S MIND--AND AS SHE OPENS THE DOOR--







YOU MEAN --















MURDER!















ANCE! IT'S EXACTLY WHAT HAPPENED LAST NIGHT.- WHEN THE
YOU'VE LEARNED THAT
MICH-- BUT CAN YOU GUESS
WHAT IT MEANS TO HAVE
YOUR FEATURES CAST LIKE
MINE! DO YOU
REALIZE WHAT IS.
FATED-- FOR YOU?





THEN -- IN THE DEATHLY STILLNESS --

THE FIEND HAS VANISHED -- AND I'M NOT FOOL ENOUGH TO THINK I CAN CONVINCE THE POLICE THAT HE EVEN EXIGTS! AND IF I TRIED TO CLEAR MYGELF OF THAT KILLING ON BAYGIDE ROAD -- I'D HAVE TO EXPLAIN MY WHEREABOUTS TONIGHT -- WHICH WOULD MEAN TAKING THE RAP FOR TWO MURDERS!

















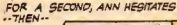












YOU COULD HAVE -TRIED TO ESCAPE, BRUCE ANN -- AND YET --DARLING YOU RISKED . I HAVE YOUR LIFE TO CHOSEN! BETWEEN IDENTIFY ME!



WITH A GURGE OF UNBRIOLED FURY--WHAT DOES THAT I'LL TELL YOU MATTER? SHE IS HOW, CREEP --BECAUSE THERE'S A HUMAN FORCE STILL MARKED FOR MY THIRD VICTIM -- HOW YOU CAN'T DOMI-CAN EITHER NATE -- ANN SHOWED ME OF YOU RESIST MY EVIL WHAT COURAGE CAN DO IN THE



FOOL ... EASILY -- WITH THE FORCE I DERIVED FROM DO YOU THINK YOU -- YOU GLOATED YOU CAN THAT IT MADE YOU MY MATCH MY IN-ASTRAL TWIN -- YOU SNEERED ABOUT THE HUMAN SUPERNATURAL FORCE THAT INVADED MY BODY POWERS?



THEN -- AS THE AVENGING GRIP TIGHTENS --

BRUCE -- IT WAS A HORRIBLE THING TO WATCH -- BUT YOU'VE GOT YOUR OWN FEATURES AGAIN!

THIS TIME -- YOU CAN GUESS WHAT IT MEANS! THERE WAS A THIRD VICTIM TONIGHT -- THE FIEND HIMSELF!

YOU NEEDN'T WORRY ABOUT THAT, HONEY! NOW THAT THE POLICE HAVE SEEN THE FIEND'S BODY -- THEY'RE SURE HAVE A DIFFERENT IDEA I'M CONVINCING THE POLICE THAT AFTER ABOUT THOSE MURDERS, BRUCE! BUT HOW CAN YOU EXPLAIN WITNESSING THE FIRST MURDER, I WORE A THAT ADDRESS TAG -- AND THE FACT THAT YOU TOOK ON MASK IN ORDER TO THE FIEND'S FACE JUST TRAP THE FIEND -- AND AS FAR AS THEY'RE





From EDITORS TOUR

TIME WAS WHEN we greeted you each month from cozy little offices after a chatty consultation with the staff. That was in the beginning, when our small but enthusiastic organization dedicated itself to the task of producing the most thrilling, authentic, and beautifully illustrated supernatural comic book in America.

Our numbers were few, but our hopes were many, and we spared nothing in this enterprise. Looking back now we're not at all surprised that "Forbidden Worlds" was such an instantaneous hit. We knew there was an immense audience of young and old in America that eagerly awaited weird and spine-tingling tales about the vast Unknown, and having produced such a magazine, it was no wonder it succeeded so spectacularly.

Now when we greet you fans, we know we are speaking to hundreds of thousands. Here, too, in our editorial offices, our unbers have grown. For now there are more writers, artists and researchers than ever, laboring to keep "Forbidden Worlds" at the head of its field.

We feel we've succeeded nobly in our present issue. "The House in Grosvenor

Lane" sustains one of the eeriest moods we've ever encountered. Readers have been crying for a tale of reincamation for months, and here it is ... a special for all of "Werewolves of the Rockies" has everything. suspense, thrills and chills, and an overwhelmingly terrifying climax. Do you go for yarns which keep you gasping through every chilling page? If so, "The Face of the Fiend" is for you. And finally, brace yourself for the incredible adventure that awaits you in the pages of "The Recorded Monster", a tale of terror which will hold you spellbound from gripping start to electrifying finish.

These are just a few of the many great features you'll find in this bang-up issue, fans. As we've told you many times before, the only way we can guarantee to keep sending you the stories you like best is to let us know your preferences. Why not do as thousands of your fellow fans have done? Write now to The Editor, "Porbidden Worlds", 45 West 45th Street, New York 36, N. Y. Let us know what you think of this issue, and what you'd like in future ones. And now, let's dip into our mailbags:

"Dear Editor:-

Since all these weird magazines have come on the market I've made quite a collection. Your stories are really wonderful. My favorites concern vampires, ghosts that help people, and zombies. Let's see lots more of your yarns...

-B. A. Boothe, Elizabeth, Pa."

"Dear Editor:-

I think 'Forbidden Worlds' is the best supernatural comic book I've ever read. How do I go about getting some of those great back issues?

"F F. Glynn, New York, N.Y."

mear Editor:

I enjoy reading 'Forbidden Worlds' very much. Stories like 'The Witch's Curse' are really thrilling. All your stories are.

-L. L. Kaffenberger, Beardstown, Ill."

SOUND WAVES -- A MYSTERIOUS FORCE! A BOAT'S WHISTLE DESTROYS AN ICEBERG -- THE HUMAN VOICE SHATTERS GLASS -- AND THERE ARE SOUNDS TOO HIGH TO BE HEARD! WHAT LIVING HORRORS MIGHT WELL BE CONCEALED WITHIN THOSE VIBRATING WAVES -- WAITING TO BE LOOSED UPON THE WORLD -- AT THE RIGHT SOUND? DO YOU HAVE THE COURAGE TO FIND OUT? LISTEN, THEN -- AS WE PLAY ...















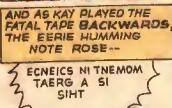






BACK TO THE MAIN HALL!







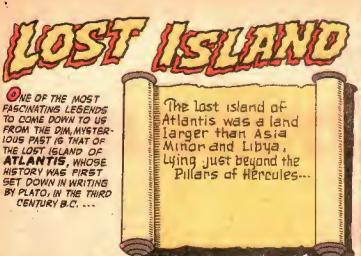
SCREAMING, INTO THE

HE'S GONE, SWEETHEART THAT TAPE BACKWARDS DARLING ERASED EVERYTHING THOUGHT THE MONSTER! YOU WERE

BUT MILES AWAY, A HAPPY GROUP HAS JUST RECORDED THE BROAD. CAST FROM THE MUSEUM --



IT BACK ... AND .. YES -- THEY GOT ALL OF IT!

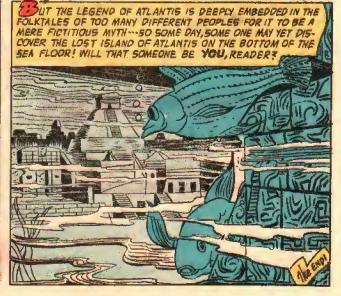














FOR YOUR ENTERTAINMENT-TWO AMERICAN COMICS GROUP FAVORITES THAT ARE HITTING NEW HIGHS FROM COAST TO COAST!





Loveloun

DON'T MISS THESE TERRIFIC TITLES!

BLACKHEADS "PET HATE"

Say Men, Girls in Choosing Date

What a "black mark" is the blackhead . . . according to men and girls popular enough to be choosy about dates!

"Nobody's dreamboat!" "Nobody's date bait!" And that's not all that's said of those who are careless about blackheads. But blackheads ARE ugly! Blackheads ARE grimy! And they DON'T look good in close-ups!

So can you blame the fellow who says, "Sure, I meet lots of girls who look cute at first glance. But if, on that second glance, I see dingy blackheads, it's good night!"

Or can you blame the girl who confesses, "I hate to go out with a fellow who has blackheads. If he's careless about that you're sure he'll embarrass you in other ways, too!"

But you - are YOUR ears burning? Well, you've company and, sad to say, good company. There are loss of otherwise attractive fellows and girls who could date anyone they like if they'd only realize how offensive blackheads are . . and how easily and quickly they could get rid of them . . . if they want to!

"He-Man" Often Guilty of Blackhead Crime

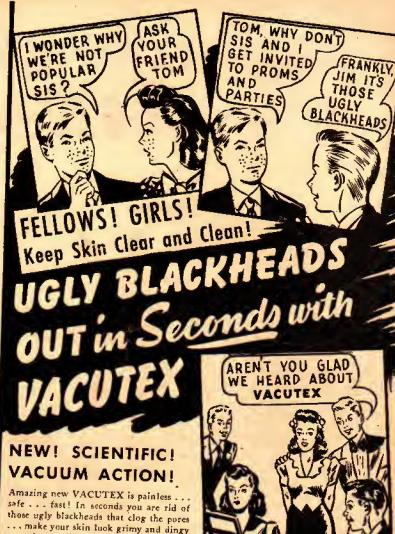
Take your "he-man". super at track, games, sports of all kinds... who thinks that after just a shower he's ready to go anywhere! And won't the girls all admire his muscles!

Sure they would! But not many dance floors are set up for hurdle racest. You can't show off your snappy left hook when only cokes are in the ring. The "be-man" who's also clean-cut, will get the breaks wherever he is.

Even Cute Girls Become Careless

Easy, too easy, for a girl to think that if she has the latest in clothes and hair-do she needn't bother about blackheads. A little more make-up, she guesses, will take eare of that. BUT MAKE-UP WON'T HIDE BLACKHEADS! Not unless it's plaster of paris, maybel And even good make-up "slips" at a dance! So don't take chances, cute though you may he!

10 DAY TRIAL GUARANTEE BALLCO PRODUCTS COMPANY, Dept. 506 ☐ Enclosed find \$1.00. Send me VACUTEX Ship C.O.D. J. will pay postman \$1.00 plus My dollar will be refunded if I am not delighted, NAME ADDRESS. · SORRY NO C.O.D. OUTSIDE OF U.S.A.



... make your skin luok grimy and dingy . . . give others such a wrong impression of you. VACUTEX creates a gentle vacnum pressure around the blackhead and extracts it - quickly! - without injury to tender

skin tissues. Keep skin always clear this new scientific way. Without painful squeezing! Without dangerous infection from germy fingers! Just place VACUTEX over blackhead and draw back extractor. Blackhead's out! Simple! But you'll be delighted by your instantly intproved appearance. Others, will notice your clearer, cleaner skin! Try VACU-

TEY - now! ACTUAL RUSH COUPON LEN6TH HOM! 3 1/2"

10 TRIAL OFFER

Don't send a penny. Mail Don't send a pecoy. Mail soupon and pay postmen only \$1.00 plus postage, the save all postage by enclosing \$1.00 with guarantee coupon, if not thrilled to be rid of amberrassips hated bisackheads this new quick way—just return VACUTEX in 10 days and get \$1 back. Order today?



Just place VACUTEX over blackhead release extractor—and blackhead's outi

TAKE THESE TIPS TO BANISH BLACKHEADS

Keep skin clean by washing morning and night with warm, almost hot, water. Use good soap and plenty of it. And finish with cool water.

Extract every blackhead as soon as you see it—with a SAFE extractor. Don't use finger nails. Don't squeeze. That may mean infection,

injured tissues, a marred skin,

Just be clean! Be quick! And be
safe! That's cosy! And that's ALL!

Check the Kind of Body YOU Want! RIGHT IN THE COUPON BELOW

... and I'll Prove How EASILY You Can Have It!

penny!

JUST tell me where you want itand I'll add SOLID INCHES of powerful new muscle SO FAST your friends will grow bug-eyed with

Do you want me to broaden your shoulders-put trip-hammer power in

both your arms-make your legs two pillars of strength? Then just check what you want below. I'll prove you can get it in just 15 minutes a day-in your own home -or it won't cost you a

> I don't care if you are 15 or 50 years old-or how ashamed of your present physical condition you may be. I can give you a "barrel

chest" and a vise-like grip. I can shoot new strength into your old backbone, exercise those inner organs cram your body so full of pep, vigor and red-blooded vitality that you won't feel there's even left

"standing room" for weakness and that lazy feeling. I'll wake up that sleeping

energy of yoursand make it hum like a highpowered

ARE YOU

Skinny, Weak and run down? Always tired?

Lacking in con-fidence?

Fat and Nabby?

Suffering from bad breath?

Do you want to lose or gain weight? WHAT TO DO ABOUT IT is told in my FREE GOOK

Constipated?

Mervous?

dynamo! You'll feel and look different. Man, you'll begin to LIVE!

WHAT'S MY SECRET?

"DYNAMIC TENSION"! That's the ticket! The identical natural method that I myself developed to change my body from the scrawny skinny chested weakling I was at 17

to my present superman physique! Thon-sands of other fellows are becoming mar-velous physical specimens—my way. I give no gadgets or contraptions to fool with

When you have learned to develop your strength through "Dynamic Tension" you can laugh at the artificial musclemakers. You simply utilize the DOR-MANT muscle-power in your own Godgiven body-watch it increase and multiply double-quick into real solid LIVE MUSCLE.

My method-"Dynamic Tension" will turn the trick for you. No theory—so easy! Spend only 15 minutes a day in your only 15 minutes a day in your own home. From the very start you'll be using my method of "Dynamic Tension" almost unconsciously every minute of the day-walking, bending over, etc.,-to BUILD THE MUSCLE and VITALITY you want. And you'll be using the method which many great athletes use for keeping in confighters, wrestlers, baseball

athletes use for keeping dition-prize fighters, wreatlers, and football players, etc.

Illustrated 32-Page Book. Just Mail the Coupon.

SEND NOW for my famous book, "Everlasting Health and Strength." (Over 3½ MILLION fellows have sent for it already.) It contains 32 pages, packed from cover to cover with actual photographs and valuable advice. Shows what "Dynamic Tension" has done for others, answers many vital questions. Page by page it shows what I can do for YOU. This book is a real prize for any fellow who wants a better build. Yet I'll send you a copy absolutely FREE. Just glancing through it may mean the turning point in your whole life! Check the information you want (in the coupon below) and rush it to me personally. CHARLES ATLAS, Dept. 25, (115 Foot 23rd 5t. N. Y. 10. N. Y.

Dept. 25, (115 East 23rd St., N. Y. 10, N. Y.



Here's The Kind of Results I Get:

"I gained 11 lbs. and 41/4 inches on my chest, 3 inches never consti-pated." on my arms. I am

-Henry Heven, Canada

"I gained 34 lbs. and increased my chest 6 inches!"

—Stenley Lynn, Celif.
"What a difference!
Have put 3½
inches on my chast
(normal) and 2½
inches expanded."

-F. S., New York

"Gained 29 lbs. When I started

your course I weighed only 141. Now I weigh 170."

SILVER CUP

GIVEN AWAY

12" high! Given to papli making greatest physical mprovement in the next 3 months.

-T. K., New York

"The benefits are wonderful. The first wonderm. Inerist
week my arm increased one inch,
my chest two
inches."

-E. M., Conn.

"You changed me from a weakling to a real he-man. My chest has gone up 6 inches. I am a solid mass of muscle."

__ J. W., Montana

CHARLES ATLAS, DEPT. 25 115 Eost 23rd St., New York 10, N. Y.

Dear Charles atlas: Here's the kind of Body & Want:

(Check as many as you like) Marr Weight-Solid-in The Right

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Stimmer Waist and Hips Better Regularity, Digestion, Clearer Skin

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